

exhibitors



Ambition Prints Stand 18

Ambition Prints is a charity enterprise of Autistic Minds which provides employment opportunities to autistic adults. It produces a range of gifts & products for sale to domestic and business customers. The enterprise is managed & run by a talented artistic team of autistic staff and volunteers.



AP Cymru

At AP Cymru, we are proud that our charity provides a direct support service to neurodiverse children, young people, and their families before, during and after diagnosis. We offer a range of services, such as parent support and wellbeing check ins, family activities and parent/carer wellbeing sessions, and neurodiversity training. We actively campaign for more inclusive education and awareness of neurodiversity. Whether you are a business, individual or organisation, our Training services enable and empower everyone with the necessary tools and knowledge to remove societal barriers that may prevent neurodivergent people from flourishing and reaching their full potential.



ASD Rainbows

Established in 2017, ASD Rainbows is based in RCT and provides support to children with Autistic Spectrum Disorder and their families. We run a day nursery, playgroup and after-school clubs, specifically for children with ASD, and also provide bespoke support for individuals and families via our 1-to-1 sessions



Aspris Coleg South Wales

Aspris College is a specialist college for young people with Autism or associated conditions. We provide a safe and supportive environment for students through their academic and independence studies, including therapy input.



Autistic Minds

We are a registered charity providing a range of services for the autistic and autism community. We remain firm in our belief that everyone deserves the opportunity to create a better and more independent life for themselves, and with the right support and resources, this can be achieved. This is where most of our energy goes and what we strive to



Barefoot Medicine Ltd

Helping parents to improve the physical and mental health of their autistic children, and themselves, using personalized nutrition and lifestyle plans backed by functional medicine protocols in our 12-week Nourishing Neurodiversity programme.



Beechwood College

Beechwood College offers inspirational education for your adults with Autistic Spectrum Disorders. At Beechwood College we ensure students are supported to access transferable, meaningful learning opportunities in a way that takes account of their unique learning style and the impact their ASD has upon them. For more info visit www.beechwoodcollege.co.uk



Bevan College

Bevan College provides specialist post-16 residential and day education programmes for young people with additional learning needs and disabilities. We are based in the heart of south Wales.



British Transport Police

Our mission is to help the millions of people who use the railways of England, Wales & Scotland get home safely & on time. We police Britain's railways, providing a service to rail operators, their staff and passengers across the country.



Cardiff Council Disability Benefit Support Team

Our Disability Benefit Support Team offers specialised support regarding Disability Benefits. We provide specialist advice and assistance with completing claim forms, Mandatory Reconsiderations, and Appeals, and where appropriate provide representation at Tribunal hearings. For further information, email disabilitybenefitsupport@cardiff.gov.uk or call our Advice Line on 02920 871 071.



Careers Wales / Working Wales

Careers Wales is Wales' all-age free and impartial careers advice and guidance service. It is funded by the Welsh Government
Working Wales is Careers Wales', aged 16+ service to support adults to overcome any barriers into finding employment.



Carers Wales

Carers Wales, part of Carers UK, is the only membership charity for carers. Every year 121,000 people become carers in Wales and we provide information and support, and campaign alongside carers to make life better for carers. For information and resources visit www.carerswales.org, call 02920 811370, or email: info@carerswales.org.



Crossroads Educational Consultants

Crossroads' vision is to make home education accessible across the UK, providing families with the resources and guidance to pursue alternative education pathways with confidence. info@crossroadseducationalconsultants.co.uk



Day Visual Daily Planner

Day is an image orientated Visual Daily Planner App that has been designed to support and assist Autistic, ADHD, Neurodiverse individuals and visual communicators. Day uses the EMOJI library and digital TIME to help you plan YOUR day! It has proven to be a reliable, safe, user-friendly planning tool that is entirely user led. NO timers, NO reminders, No interruptions.



Dimensions UK

In 1976, armed with a single phone in a rented office, Dimensions began supporting people out of institutions, helping them lead ordinary lives in their local communities.



Ditto Dimensions

We are an independent business that offers a wide range of affordable, high-quality products. We design and produce our items using 3D printers and recyclable, sustainable materials. Our product range includes fantastic fidget toys that provide the perfect remedy for restless fingers, offering a calming effect to help park your worries.



Dr Bakes

Baking Therapy for autistic children. I am a GP with a specialist interest in Paediatric Neurodevelopment. Using baking as a medium, I provide a comprehensive medical assessment & management plan, specific to your individual family situation. Please get in touch for a FREE initial consultation to see if I can help in any way.



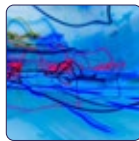
DWP Job Centre Plus

Jobcentre Disability Employment Advisors are here to give advice and answer questions about the Access to Work and The Disability Confident Schemes and also to discuss the support that is available in your local JobCentre.



Elidyr Communities Trust

Elidyr Communities Trust. A residential specialist college of further education and training, we provide inclusive environments and specialist support for young adults with autism and learning difficulties. Our mission is to enable young people to develop their knowledge and skills to reach their full potential. www.elidyrct.ac.uk



Euan Balman Artist

Euan Balman is 20 years old and lives with autism. He is known as 'Bug'. For most of his life people around him haven't understood him, the world he lives in or the impact autism has on him. Bug is a photographer/ digital artist based in Llantrisant, South Wales (UK).



GlowInTheDarkSharks

We offer a variation of fidget toys that are all unique and handmade, most are tactile, while others are more visual. We also have other products too. Our products have been designed and made by an Autistic and ADHD young adult.



Green Valley Workshop

Green Valley Workshop is a charity enterprise of Autistic Minds which provides employment opportunities to autistic adults. It produces a range of wooden garden products for sale to both domestic & business customers. The enterprise has been designed and run by a talented team of autistic staff and volunteers.



Helping Kids Shine

At Helping Kids Shine we support kids and empower families. We work with families to help identify their young person's strengths & participation challenges whilst supporting them to develop their skills, whilst embracing their uniqueness. We specialise in sensory integration & processing. For further information visit www.helpingkidsshine.co.uk or email hello@helpingkidsshine.co.uk.



Innovate Trust

Innovate Trust's Skills and Wellbeing department offers activities and training opportunities for adults with Learning Disabilities and other additional needs. For more information call the team on 02920 382 151.



Llais Cymru

Llais is your voice in health and social care in Wales. We collect feedback about health and social care services, to drive change in Wales. We also offer a free, independent complaints Advocacy service.



Mental Health and Wellbeing Show

The Mental Health & Wellbeing Show is an inspiring live show in Cardiff City Stadium on 16th May 2025, featuring over 40 expert seminar speakers and 100 exhibitors coming to Wales for a packed day focused on improving mental health! Website: www.mhwshow.co.uk Email: admin@mhwshow.co.uk Phone: 02922 400382



Michelle Chick Artist

A Penarth born artist & designer. Specialising in watercolours, acrylics, designers gouache, oils, pencil & pastel. Family Portraits, Pet Portraits, Landscapes and illustrations, murals, props & graphic design. Exhibition history: Turner House, Coffee 1, Foxy's Deli, Autistic Minds LIVE, Cliff Walk, The Senedd, Noweigen Church, Art Around The Bay, Penarth Seafront.



National Neurodivergence Team

The National Neurodivergence Team (previously the National Autism Team) are funded by Welsh Government to help improve the lives of neurodivergent people and their families across Wales. They do this in a number of ways – through co-produced training and resources, practice sharing and promoting the needs of neurodivergent people whenever possible. The team are hosted by the WLGA in partnership with Public Health Wales and work with a range of partners, including the neurodivergent community, the public sector and the 3rd sector. The team are also supporting the Welsh Government in the implementation of the Code of Practice on the Delivery of Autism Services.



National Star College

At National Star, we're driven by our vision for a world in which people with disabilities are able to realise their potential as equal and active citizens in control of their lives. This sits at the heart of everything we do from the personalised and world-class learning we provide.



Neath Port Talbot Autism Hub

My name is Erin and I am an autistic adult living in Neath Port-Talbot. Since my diagnosis in 2016, I've felt that there have been a lack of services that I would have benefited from, and I'm sure that I'm not alone in feeling this way. Due to this, in August 2022 I decided to create the services that I would like to see myself. We currently aim to provide peer support, information, advice and social connections for people aged 16+ who identify as autistic and their families/ carers. We want to support those going through transition, older autistic adults, and everyone in-between.



'On Broadway' Dance Fitness

Do you love show tunes, dancing, and all things jazz hands? At 'On Broadway'® Dance Fitness we teach a musical-inspired routine over a four-week period - chance to build confidence, have fun and enjoy fitness in disguise! (Classes are for women).



Pastel Babai

Kawaii Art and Fashion by AuDHD Creator. If you know of any opportunity that would be of interest, want to collaborate or for further information, please get in touch by email or WhatsApp: pastelbabai.business@gmail.com / 07874163034



Peggys Pots

Peggys Pots is Cardiff's only pottery painting business! You can come and visit us in our central Cardiff location, book us for autistic friendly parties (kids or grown ups) or purchase take-away kits to paint your own pottery at home. We've got something for everyone. Our mission in life is to get everyone of all abilities and needs having fun and expressing themselves through pottery painting and making lovely, sentimental pieces to use and cherish forever.



Platform

Platform's Out of Work and Pathways to Work services work with people in Gwent and Cardiff who are experiencing mental health challenges. We uncover their strengths, restore their connections and confidence so they can access work-based opportunities



Queen Alexandra College

QAC is a national residential College and charity that supports a diverse range of student abilities and needs aged 16 and above. We offer an innovative, holistic approach to learning and support. Class sizes are small and support levels high. Our Curriculum is designed to maximise life chances, develop independence and work skills.

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Resin Rat

Resin Rat is the latest charity enterprise of Autistic Minds which provides employment opportunities to autistic adults. It produces a range of 3D products for sale. The enterprise is managed and run by a talented team of autistic staff and volunteers.



RSPB Cymru

The RSPB is the country's largest conservation charity, inspiring everyone to give nature a home. By working together, we aim to keep birds and wildlife from further decline, so that we and future generations can see them thrive again.



Ruskin Mill Trust

Ruskin Mill Trust is a long-standing registered charity. For over 35 years we have provided a unique research-led approach to education and care for children, young people and adults across England, Wales and Scotland. enquiries@rmt.org www.rmt.org Tel 01453 837502 Admissions tel 03300552653



Smartbox

Smartbox creates assistive technology to help children and adults with disabilities communicate and live more independently. Our products include a combination of specialist hardware, software and content which are used by people around the world.



South Wales Police

South Wales Police: Keep Safe Cymru Scheme. Pick up a leaflet to register friends / family with a communication difficulty. Come along and speak to colleagues regarding employment opportunities.



Sustainability

A partnership between ELITE Supported Employment Agency, Autistic Minds and Innovate Trust, looking to support young disabled people to pursue their employment ambitions in green careers, with the National Lottery Community Fund. Our first step is consultation with the community to understand the needs and challenges faced within this community.



Tarian Cyber Crime Unit

Cyber choices aims to deter/divert young people away from following a pathway into cybercrime. We offer advice/education/engagement with youths or parent/carers/teachers etc on how to stay safe and legal online RCCUEngagementTeam@south-wales.police.u



The Autism Directory

This was the first service of the charity that started in our CEO's kitchen in 2010. The aim was to help other families & individuals find the help they need. It started out as a resource for the community in South Wales & has now become world-wide. It is the biggest niche directory in the UK & the 2nd largest autism-specific directory in the world (for now!). The directory has grown over the past 14 years to over 36,000 listings with a small part-time autistic team.



The Autism Support Service

The Autism Support Service was set up in 2019 to provide in-work employment support for autistic adults at their place of work. The service has grown & now supports over 40 adults across a number of organisations. Come & find out how we can support you at work with no cost to you or your employer.



The Index & Families First Advice Line (Vale of Glamorgan)

Information, Advice and Assistance for families of children with disabilities or additional needs in the Vale of Glamorgan. Connecting families to services, activities and support. Contact: The Index 0800 587 1014 The Families First Advice Line 08000327322



The Neurodivergent Experience

The Autistic Photographer, Jordan James, & Simon Scott, The Neurodivergent Experience is the weekly podcast dedicated to exploring the vast world of Autism, ADHD & Neurodivergence. Through this podcast, we challenge the misconceptions & dive deep into our diverse experiences by sharing our personal stories with insightful conversations about living in the spectrum, alongside guest experts, advocates, & allies who are passionate about creating an inclusive & accepting world.



The PDA Space

The PDA Space is an educational resource for professionals to learn more about neurodivergence, more specifically Autism, PDA, Tourette's & ADHD. We aim to be fully inclusive & are passionate about providing CPD opportunities to professionals with access to up to date research & materials that enhance the lives of neurodivergent individuals.



Thinkedi

ThinkEDI provides inclusion and diversity services, including the FREE web application for exploring and requesting reasonable adjustments. ThinkEDI services include acclaimed neurodiversity coaching and organisational development training for optimal workplace cultures www.thinkedi.co.uk



Thrive Cardiff (Reg charity No 1168563)

Supporting children & young people with disabilities, their families/carers & siblings. Thrive subsidise and facilitate a range of leisure activities and thus create a support network for parents & carers.



TLC Wales Fostering

TLC Wales Fostering provide short-term, long-term, respite & palliative family placements for children and young people with a range of disabilities and complex needs, including autistic spectrum disorders, hearing and visual impairments, physical disabilities, genetic disorders and life limiting conditions. Call 01269 846371 for more information



Visual Symphonia

Patrick & Hakon X have been at each other's side for over 20 years. In that time, they've recognised their neurodiversity as something that not only unites them & makes them allies, but also gives them unique abilities with which they face their challenges as partners, artists & performers as the dark rock duo Visual Symphonia. As a joint presentation, they'll be sharing how they've supported & enriched each other not just in their creative efforts, but daily lives as well.



Wales Mental Health and Wellbeing Forum

The Forum are a group of people with lived and living experience of mental health issues and their friends and families, made up of a range of diverse communities across Wales. To find out about joining us contact: mhforum@practicesolutions-ltd.co.uk



Welsh Ambulance Service

National Ambulance Service for Wales